



## **60<sup>th</sup> Grand Moscow Regatta 2021**

3<sup>th</sup> — 7<sup>th</sup> June 2021

### **COVID-19 RESPONSE PLAN**

**Version 1 at 22/04/2021**

#### **1. INTRODUCTION**

As for today the health situation in Moscow and Moscow region is under control. Compared to the second wave in November 2020, there is a reduction in cases of contagion and the hospitals and intensive care units are able to manage the situation.

The situation in Russia is stable. The Russian National Government admits the freedom of movement within the territory of the country and the possibility of keeping commercial activities open using personal protecting measures.

Sporting activity for the athletes is permitted; for example, training camps of national teams, including foreign ones, can be held on the territory of Russian Federation.

Competitions of national and international level are allowed, public spectators are also allowed to attend the event using personal protecting measures. A negative test is required for participants or accompanying persons (coaches or staff) to take part in the event. The test should be made not less than 72 hours before the event and should be presented at arrival to the venue to the accreditation office.

At the moment the vaccination campaign is being held, and around 900 000 citizens of Moscow region got full vaccination.

The Russian Rowing Federation in cooperation with the Government of Moscow has prepared the calendar of competitions of national interest that should be held on the territory of Moscow. These include the 60<sup>th</sup> Grand Moscow Regatta.

For the conduct of the sporting event we have prepared a protocol to minimize the risk of contagion and spread of Covid-19 on the basis of the guidance documents prepared by World Rowing and approved by the Russian Rowing Federation.

## 2. LOCAL GOVERNMENT / PUBLIC HEALTH GUIDELINES

Relevant information about regulations on Covid-19 can be found here:

<https://covid19.rosminzdrav.ru>

Information about travel restriction can be found here:

<http://government.ru/rugovclassifier/891/events/>

Access to the Russian territory for national teams is allowed, except for some restrictions currently in force that required a negative molecular or antigenic swab test result carried out no earlier than 72 hours before entering Russia.

(<https://transrussia.ru/Rus/koronavirus>)

The organizing committees are required to adopt, for each event, in conjunction with the local authority health, specific operational and implementation protocols containing the details of the organizational systems used to protect the health of their staff, operators, athletes and participants in the event.

These events are possible in compliance with the rules of social distancing prescribed by government provisions and without any gathering, after preparation by the Organizing Committee of their own operational protocols, implementing the Guidelines issued by the Government.

The operational protocols of the Organizing Committees may be subject to further implementations or corrections following any guidelines issued by other ministerial or regional authorities.

The main actions to be taken to be able to carry out sporting events safely and according to the guidelines of the authorities are:

- social distancing obligation, a minimum of 1.5 metres
- obligation to use masks
- wash or sanitize hands very often
- frequently sanitize the sports facility and all areas of potential contagion
- temperature measurement before accessing the sports facility. Access will not be allowed in the event of temperatures above 37.5 degrees Celsius.

### 3. CONTACT INFORMATION

Organising Committee COVID Manager:

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### 4. GENERAL MEASURES AT THE REGATTA VENUE

#### COVID MANAGER

The task of the COVID MANAGER is to coordinate and verify compliance of the provisions implemented in the protocol and the supplementary ones, referring to the venue within which the competition takes place.

#### INFORMATION TO PARTICIPANTS

There is an obligation on all teams, officials and workforce to stay at home/at the hotel if there is a fever (over 37.5 ° C) or other symptoms of flu and call your doctor.

- pay particular attention to surface hygiene;
- maintain an interpersonal distance of at least 1.5 meter;
- avoid close contacts such as hugs or handshakes;
- access the event area, subdivision of areas and routes.

The following rules apply to the entire area of the event and are valid from arrival on competition field until the last scheduled departure of the official training times.

#### GENERAL MEASURES

- The sports facility hosting this event will be open to the public only using personal protecting measures.
- The OC will carry out frequent sanitization of the rooms used.
- Toilets will be available in the different areas, periodically disinfected during the day.
- All participants, officials and workforce must be equipped with a mask covering mouth and nose to be used in all conditions.
- All participants, coaches and staff should have the COVID-19 test which should be made not less than 72 hours before the event
- The area hosting the event is structured in the following spaces that must be respected:
  - Logistics area
  - Race area
  - Accreditation
  - Finish Tower
  - Victory Ceremony area
  - Media Centre
  - Information centre

The different areas will be supervised by personnel identified by the Organizing Committee. Since the event takes place mainly outdoors, there are no limitations in the number of athletes as it takes place in an area of almost 1000 square meters.

## **5. ACCREDITATION**

- All participants in the event, including athletes, coaches, volunteers, professionals, staff and volunteers must be accredited.
- All participants must return the appropriate health declarations and member federation consent form, and show the accreditation pass with its name and surname on entry to the venue. The photo on accreditation is not mandatory.
- The Pre-event health declaration must be sent to the OC before the team arrives. In the case of officials, volunteers and staff, the form can be completed even before accessing the sports facility.
- If travel restrictions are in place for certain teams, they can request an exception by contacting the Russian Rowing Federation ([event@fgsr.ru](mailto:event@fgsr.ru)) who will take steps to contact the competent authorities.
- Testing is required to access the event. Negative test should be made within 72 hours before entering the venue and should be presented to the accreditation office.

## **6. COMPETITION AREAS**

### **CONTROL COMMISSION:**

All people and staff at Control Commission must wear masks covering the mouth and nose. Bow numbers and GPS units must be sanitized every time they are used. Everyone must maintain an interpersonal distance of a minimum of 1.5 metres.

### **BOATING PONTOONS:**

Will be sanitized several times a day. Only athletes and workers will be able to access the pontoons. The athletes will have to wear their mask until they have left the pontoon.

### **ON THE WATER FOR RACING/TRAINING/WARM UP:**

There will be no substantial differences regarding the organization of the crews in the water during training and competitions.

## **7. TEAM / ATHLETE FACILITIES & SERVICES**

The doors must remain open where possible to avoid frequent contact with the hands of different people.

### **ACCREDITATION AND TEAM REGISTRATION CENTRE:**

- Only one person in the accreditation centre at a time and only the designated Team Manager.
- Plastic shields will be installed to separate volunteers from Team Managers.

### **BOAT RACKING:**

- Boat racking will be assigned by nation (in the case of large groups) to try to limit interaction between athletes from different nations

#### ATHLETE WEIGHING:

- Only one crew at a time will be allowed in the waiting area. Clear plastic will be installed to separate officials from athletes.
- Test scales will be regularly sanitized

#### TEAM INFORMATION CENTRE:

- Only one person at a time.
- Plastic shield will be installed to separate volunteers from team managers.

#### TOILETS AND SHOWERS:

- Frequent sanitation

#### ATHLETE REST AREA:

- Athletes must always wear a mask and sanitize their hands with special products made available and maintain a distance of at least 1.5 metres.

#### ATHLETES AND COACHES VIEWING AREA — Grandstands:

- Must wear mask, sanitize hands very often, maintain a distance of at least 1.5 metres.
- OC recommends teams to carry out temperature testing daily to all groups, with an infrared contactless thermometer; if anyone has flu symptoms or a temperature above 37.5 ° C they must be isolated them from the rest of the group and inform the OC COVID manager immediately. In any case, the temperature will be measured by OC specialized personnel or with automated systems every time the event venue is accessed

### **8. MEDIA AND BROADCAST**

#### MEDIA CENTRE:

- The layout will be revised to ensure social distancing - a maximum of 10 people can be inside at the same time.
- Masks will be required to be worn at all times

#### PHOTOGRAPHERS & PHOTO POSITIONS:

- The photographers' locations will remain the same but will be revised to ensure social distancing. Place marks will be located on the ground to indicate where to stand to have adequate social distance.

#### VICTORY CEREMONY PROTOCOLS:

- The awards ceremony will be in a limited area in which only the awarded athletes enter.
- Interpersonal distances of a minimum of 1.5 meter must be respected.
- The awards will be made after each race and will be performed without contact
- The awarded athlete will take the medal directly from the tray to carry it around their neck
- No handshakes and hugs. The athletes photographed must be careful not to hug each other or have an attitude that is not respectful of distance and the safety of others.
- Photos may be taken by authorized and accredited subjects in compliance with the distancing rules.

## 9. ORGANISING COMMITTEE STAFF AND VOLUNTEERS

- OC staff & volunteers must follow all the general rules for reducing the spread of the virus, and sign the self-certification forms.
- They must always carry the identification badge with them.
- All volunteers will be divided into specific areas and try to limit the interaction between them.

### TRANSPORT:

- Wearing a mask covering mouth and nose is mandatory at all times on transport buses.
- Transport to and from airports and to and from the venue will follow the same regulations and procedures and will be provided by the OC.
- Shuttle travel will be defined in advance and organized by fixed groups, reducing the crossing of groups during the training and racing days on the site.
- The transfer from hotel—venue—hotel is recommended to be carried out by the OC shuttle service, included in the event service.
- Teams are able to arrange their own transport, however they are then responsible for their own sanitization and social distancing. More details around logistical requirements for this will be published.
- The schedule will be made available and the teams must strictly comply with the scheduled times for each group. The schedules will be fixed every training day, and the teams must choose their departure and return times, with no possibility of alteration after scheduling. The timeframes and procedure for booking transport will be confirmed closer to the event.
- The shuttle access will be checked by the OC. The number of passengers will be limited to ensure compliance with minimum distance rules. Passengers are asked to not use adjacent seats.
- Grip zones especially for standing passengers will be periodically disinfected at the end of a bus tour.

### HOTEL:

- All teams must be accommodated at the OC's official hotels, so that the protocols are followed by all participants.
- For security reasons, accommodation will not be allowed outside the official hotels of the Organizing Committee, or reservations made directly at the hotels. This procedure aims to keep all participants within the same protocol and routine.
- The OC will reserve additional rooms at the hotel in case isolation is needed for someone with a positive COVID test or COVID symptoms.
- Athletes from the same crew must remain in the same room. Room sharing by athletes who are not on the same boat should be avoided where possible.

## 10. REPORTING AND COMMUNICATIONS

*Each OC will work on the specific reporting procedures and requirements for each event to develop the Crisis Management and Communications Protocol documents.*

#### PRE-EVENT:

- Done through use of the "Pre-Event Health Questionnaire".

#### DURING EVENT:

- Any person who measures over 37.5°C should immediately avoid close contact with others and report the situation. The on-site health personnel shall take over the positive or suspected case.
  - a) If the symptoms allow, the subject is asked to go to his home and contact the doctor or health authorities.
  - b) If the symptoms do not allow the removal independently, he will be transferred to the emergency room at the relevant local hospital.

#### POST-EVENT:

- Within 14 days after returning home from the event, if any event participant shows COVID symptoms, and/or receives a positive test result:
- They should follow their local health authority's rules in force at the time (for example, going into self-isolation).
- Additionally, they should immediately inform the event Organising Committee and World Rowing, by emailing the specific OC COVID email address provided, with copy to the relevant World Rowing Event Manager.
- The participant who has tested positive will be asked to provide details of their movements and close contact with other people during their time at the event.

### **11. ADDITIONAL INFORMATION OR MEASURES**

#### PARA ROWING CLASSIFICATION

- Para rowing Classification will be performed as planned while respecting all general health regulations. They will be performed in a room large enough to hold all the required personnel with appropriate social distancing.

#### DOPING CONTROL PROCEDURES:

- Doping Control will be performed as scheduled, respecting all the health procedures required by proceeding 1 athlete at a time. An additional waiting area shall be constructed outside the doping control room to ensure social distancing for waiting athletes is possible.