

Form 1 – To be Completed by the Athlete

First Name: _____ Last Name: _____

Date of Birth: ____/____/____ Nationality: _____
DD/ MM/ YYYY

Level of Competition at Retirement (National/International): _____

Sport: _____

Exact date of retirement: ____/____/____
DD/ MM/ YYYY

Reason(s) for retirement (please include a copy of the written retirement notice sent to each ADO that included the Athlete in its RTP):

RTP at time of retirement (please specify which NADO and/or IF, as applicable. Also, if you were included in two RTPs at the time of retirement (i.e. NADO and IF), please specify which ADO received your whereabouts filings):

Anti-doping history (please indicate if you have ever been found to have committed an anti-doping rule violation(s) or whereabouts failure(s) (missed tests or filing failures). If so, please indicate the violation(s) committed and the Consequences imposed):



Reason(s) for return to Competition (please specify the moment when you decided to return to competition and the level of Competition at which you want to return):

Grounds for request (please list the reasons why a strict application of the six-month written notice requirement would be unfair and provide the relevant documents supporting these grounds. An application that is not properly substantiated will not be accepted):

Return date sought (including the specific Event(s) within the six-month notice period at which you want to Compete and whether the Event(s) is to qualify for a major Event (specifying the major Event) that will occur after the expiry of the six-month notice period. Also, please specify if the exemption being sought is for a single Event only (please provide the details regarding the event):

Once this form is complete, please send the following documents to the ADO that collected your whereabouts (the First ADO) in order to review your application:

- A copy of the written retirement notice sent to each ADO;
- Proof of receipt of the written retirement notice;
- Form 1; and
- Documents supporting the application.

Name and signature of the Athlete:

Name: _____

Date: ____/____/____ Signature: _____